

4 - 8  
months

1. **Place your baby on their tummy with favorite toys** or objects around but just slightly out of reach. Encourage them to reach out for toys and move toward them.

2. **With your baby lying on their back, place a toy** within sight but out of reach, or move a toy across your baby's visual range. Encourage them to roll to get the toy.

3. **Place your baby in a chair or car seat to watch everyday activities.** Tell your baby what you are doing. Let your baby see, hear, and touch common objects. You can give your baby attention while getting things done.

4. **Your baby will like to throw toys to the floor.** Take a little time to play this "go and fetch" game. It helps your baby to learn to release objects. Give baby a box or pan to practice dropping toys into.

