

Instructions for Parent to Fill out ASQ Online

(short form sample)



- 1. Go to osp.uoregon.edu
 - Complete an ASQ to check your child's development.
- 2. Fill out the Email My Results form in the session
 - Continue to the last page online.
- 3. Get your ASQ pdf and Results letter from links on last page
- 4. Review your child's ASQ and Results letter
 - \circ Use ASQ as a guide for what is expected at this age.
 - \circ $\;$ Use At-Home Activities to continue building skills.
 - \circ $\;$ Save for your child's family record.
- 5. Share results with your child's teacher or health care
 - From your email, choose Forward to send your ASQ and results letter to your child's teacher.
 - Download and save / print to share copies with your child's health care provider at well child or other checkups.

ightarrow Important Tips

- Watch your child to see what they can do.
- $_{\odot}$ Take time to try ASQ items with your child if needed.
- Your child may be able to do some, but not all of the ASQ items, that's ok.
- You and family members can help your child practice skills.

ightarrow Answers - choose the response that best describes your child

- YES your child can easily do the skill, or you have already seen the skill.
 For example, your child was crawling but is now walking.
- SOMETIMES you are just starting to see the skill, your child tries with your help.
- \circ NOT YET your child isn't doing the skill at this time.