

**12 - 16
months**

1. Babies love games at this age (Pat-a-Cake, This Little Piggy). Try different ways of playing the games and see if your baby will try it with you. Hide behind furniture or doors for Peekaboo; clap blocks or pan lids for Pat-a-cake.

2. To encourage your baby's first steps, hold your baby in standing position, facing another person. Have your baby step toward the other person or to get a favorite toy or treat.

3. Babies enjoy push and pull toys. Make your own pull toy by threading yogurt cartons, spools, or small boxes on a piece of yarn or soft string (about 2 feet long). Tie a bead or plastic stacking ring on one end for a handle.



4. Play the naming game. Name body parts, common objects, and people. This lets your baby know that everything has a name and helps them begin to learn these names.