

30 - 36
months

1. **Give a cup or bowl to your child.** Use bits of cereal, fruit or small objects and place one in your child's cup ("one for you") and one in your cup ("one for me"). Take turns. Dump out your child's cup and help count the pieces. This is good practice for early math skills.

2. **Put an old blanket over a table to make a tent or house.** Pack a "picnic" sack for your camper. Have your child take along a pillow on the "camp out" for a nap. Flashlights are especially fun.

3. **A good activity to learn location words** is to build roads and bridges with blocks and use words like, "Cars go on the road", or "under or over a bridge", or "cars go between the houses."

4. **Help your child learn new words to describe objects** in everyday conversations. Describe things by color, size, and shape (the blue cup, the big ball). Talk about how things move (a car goes fast, a turtle moves slowly) and how they feel (ice cream is cold, soup is hot).

